

## Identify a Champion

Someone within the workforce to push the agenda

Ideally not a GP or Practice Manager

To develop an Age Friendly Plan and measure all practice decisions measured against Age Friendly

Identify Champion within patient participation group to act as a spring board and check for that practice

## Staff who are Trained

Age friendly matters e.g. hearing/ sight/ loneliness/ travel

NICE guidance on older peoples care /training session

Continuity of care named GP for older people

Review risk register\* and make it meaningful

Care Act awareness

Understanding and recognition of frailty

Awareness of financial issues which may affect older people financing care home placements

## Partnership working with carers/ family/ friends

Identify carers/code for them

Refer carers or inform regarding local carer support groups

Give carers and patient helpful contacts which are locality specific

Carers offered health checks and flu vaccine

## Access to Primary Care Medical Services

Access to surgery bus route

Consideration regarding double appointments with nurse and doctor on same day avoiding multiple trips (Include couples/carers)

Accessibility ramps

Parking ease disabled space outside main entrance

Offer age friendly services like hosting nail cutting /hearing aid battery change

## Age Friendly Care Plans

Person centred care plans

Work with Care Navigators/ Local Area coordinator

Embracing MLAFL principles

Co-production of service

Establish strong respected older person communities

Regular care plan review



## Environment

Notice boards— Clear and precise information written in plain English and meets RNIB, 'See It Right' guidelines. Information about support with admission and discharge from hospital services

Be aware and advertise events like falls awareness week

Signage clear and obvious / stairs marked /disabled bay in car park outside main entrance

Entrance and exit /toilets well marked

Automatic lights coming on or easy to see pull switch

Ability to ask where they are in the queue

Chairs with arms

Dementia Friendly Environments